Endovascular therapy of isolated internal iliac artery aneurysm

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Abstract
Isolated internal iliac artery (IIA) aneurysms are relatively uncommon. Isolated IIA aneurysms traditionally have been treated by surgical reconstruction. We report our experience with endovascular treatment of isolated IIA aneurysm.

Key words: Iliac Aneurysm; Endovascular Procedures; Vascular Grafting

Introduction
An isolated aneurysm of the IIA is relatively uncommon and is generally asymptomatic. It is often diagnosed in a late stage and it carries a high rupture risk. We describe our experience of an isolated IIA aneurysm case that we treated with a branched stent-graft, which is in general a rarely performed procedure.

Case Report
A 57-year-old male patient presenting with pain in his right thigh underwent CT angiography which showed an aneurysmatic dilatation of nearly 40 mm in a 6 cm segment of the right common iliac artery to the proximal regions of the iliac arteries. The widest part of the dilatation showed the presence of a nearly 20 mm thrombus. The left common iliac artery showed an aneurysmatic dilation of a nearly 3 cm segment reaching proximally, with a maximum diameter of 18 mm where a 2 mm thrombus was seen.

Via a right femoral arteriotomy a sheath was placed including a stiff guidewire that was led to the thoracic aorta. A second guidewire was then inserted in a retrograde manner to the terminal aorta and was guided out of the vessel at the left femoral level using a cross-over approach.

The distal end of the stent-graft main body was placed to cover the aneurysm proximally and to appropriately guide the IIA. The guidewire that was taken out of the vessel by a cross-over approach and via a left arteriotomy was used to lead the vascular sheath to the proximal end of the stent-graft at the aortoiliac level.

Discussion
A systematic review of studies of the autopsy from both North America and Europe showed that the incidence of isolated iliac aneurysms varies between 0.03% and 0.1% as compared with 3.8% for abdominal aortic aneurysms.

Because of the deep pelvic location it is difficult to diagnose isolated iliac artery aneurysm on physical examination and it likely accounts for the high incidence of symptomatic or ruptured aneurysms in the past.

Today, most of iliac artery aneurysms are usually detected as an incidental finding during diagnostic imaging while searching for other suspected conditions.

Endovascular management has offered the ability to deal with the challenges of deep pelvic structures with minimal morbidity with perioperative mortality rates approaching 0%,5,6,7
Conclusion

Treatment of an isolated IIA aneurysm with a branched stent-graft is a rarely performed procedure with a low morbidity rate and a high success rate, and it led to a symptomatic improvement in our case.

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References


